



"Learn Wisely, Live Proudly"

Regentville Public School

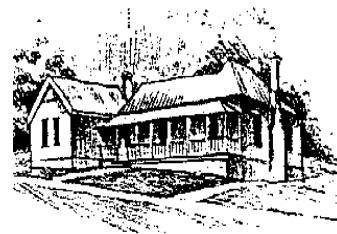
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From the Principal - Mrs Maraga

Regentville PS students competed in the District Cross Country.

Congratulations are extended to all of our students who competed in the cross country carnival. There were some very impressive results from a number of competitors who will now compete at the Regional level.

Walk Safely To School Day

National Walk Safely to School Day is on Friday 20 May. Now in its 17th year, it is a campaign and annual event when all primary school children, their parents and carers are encouraged to walk and commute regularly and safely to school. Children who are regularly physically active are healthier, perform better academically and are less likely to be obese or overweight. Walking is a great exercise to build into your daily routine.

Semester 1 Reports

The teachers are busily preparing Semester 1 reports that will be sent home on Monday 27 June. These reports will provide an overview of how your child is progressing in their learning in each Key Learning Area. Please remember that you are more than welcome to make an appointment to discuss your child's progress with their teacher at any time throughout the year.

Before and After School

Students who arrive at school before 8.35am need to sit together in the area near the canteen. There is no teacher on playground duty until 8.35am when the bell goes, however, in an emergency there are always teachers in the school preparing for the day.

In the afternoons, the students who are waiting for parents and/or buses wait behind the school fences and a teacher is on supervision. Some parents find it easier to find a spot in the Kiss and Drop zone to pick up their children after the initial peak period around bell time.

Here at Regentville PS we want all students to be safe, respectful learners.

Our school actively promotes our three school-wide expectations of: Be Respectful, Be Safe and Be a Learner. Children are often 'caught doing the right thing' and may be rewarded with a Reggie Card. Each week children who have received a card go into a draw where lucky children are drawn out of our Safe, Respectful and Learner boxes on the assembly to receive a free juice cup from the canteen.

It is very pleasing to hear that when our students are representing our school on excursions and other events outside our school our students continue to demonstrate the safe, respectful behaviour we expect.

Mental maths strategies

We teach children a range of different strategies to add and subtract numbers. By showing them several methods for solving maths questions, we're helping them to look for patterns. All this builds a good sense of "number" which means they understand the relationships between different numbers and why different ways to add and subtract work well. The goal is that your child will understand many ways to approach a maths problem and will be able to choose a way that makes the most sense to them. School A to Z has a lot of resources, including help sheets on mental maths strategies, here : www.bit.ly/JkiUsY

Student Representative Council @ RPS

SRC members represent all students in the school and organise ways for students to participate and contribute to their school community.

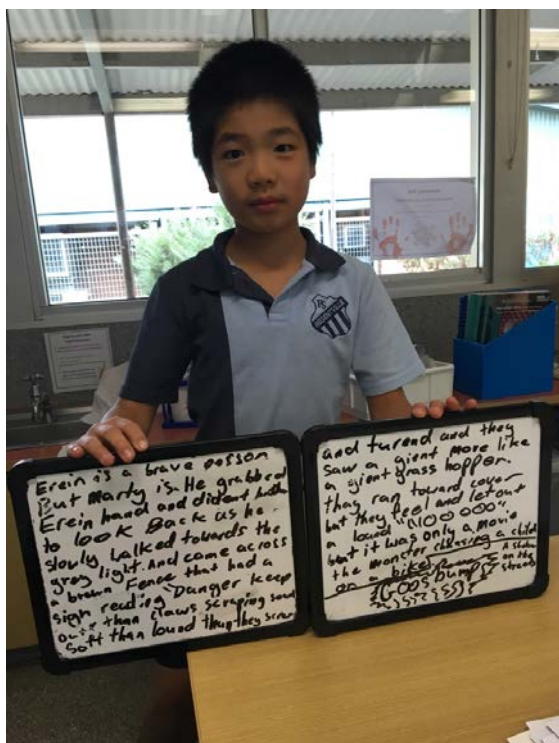
At our last meeting we discussed possible fundraising days that we would like to organise each term. Please see below:

Term...	Fundraising Day....	What the money will go towards.....
2	Green Day	Plants for the school gardens
3	Islander Day	Vuda District School Lautoka, Fiji (school affected by the cyclone last term)
4	Giving Tree	Community families in need

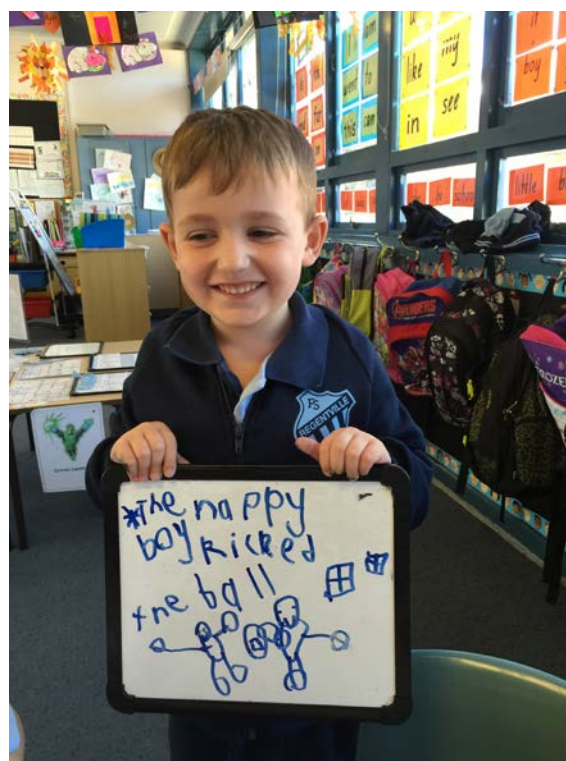
Stay tuned for more information in regards to each of these days in the near future☺

SRC members, Mrs Hahn and Mrs Garde

A focus on reading and writing.....



Jie summarising the key points of a text in 5B



Hayden writing his favourite sentence in KG


Dates for the Calendar

18 May Muru Mittigar excursion 3G, 4H, 4K
19 May Fairfield City Museum 1C, 1L, 2F
24 May Debate Round 1
25 May Muru Mittigar excursion 3A, 3P, 3S
8 June Mass Choir Rehearsal
8-10 June Year 5 Camp at Deer Park
16 June 'Something Wild' Australian Wildlife display Kindergarten

Payments Due

	General School Contribution \$45 per student or \$90 per family (Installments can be paid at any time)
19 May	YMCA Camp Yarramundi Yr 4 \$55 1 st Instalment or \$155 full payment
1 June	Mass Choir Rehearsal \$6
9 June	Australian Wildlife Display 'Something Wild' Kindergarten \$8.00
1 July	Mrs Garde & Mrs Hahn Group Costume \$26

Reggie says congratulations to the following people for being our weekly winners

		K-2	3-6
	Safe	Eamon – 1A	Violet – 5P
	Respectful	Taylor – 1L	Lachlan – 4H
	Learner	Ava – 1A	
	Green	Ava – 3P	

Stewart House envelope update.

Our collection for Stewart House is now complete for another year. It was really lovely to see the children come on board and help children in need. A big thank you to everyone who contributed. We achieved a much, much better result than last year and raised a total of **\$348.00**.

At the end of this month I will be distributing Stewart House bags for used clothing. More details will follow.

Well done Regentville.

Star Performers

Congratulations to all Regentville students who represented us so well at the District cross country.

A big thumbs up to the students in years 3 and 5 who did their very best in their NAPLAN tests last week.

Eastern Creek Public School

Proud of our past, focused on our future

Celebrating 150 years



It's our 150th birthday!



Eastern Creek Public School is celebrating 150 years in 2016. If you are an ex-pupil, staff-member or community member (past or present) please register through the school to get emails with up-to-date information as it becomes available. If you know someone who should be informed of these exciting events, encourage them to visit our school Facebook page or contact the school on: (02) 9625 8112 to obtain additional information via email. We hope to reach out to as many 'Eastern Creek Public School Families' as we can.

There are a range of events happening and we would like to invite everyone to come along and help us to celebrate this exciting milestone.

Our celebrations will commence on Saturday 15th October. This is the date 150 years to the day, of the official opening of the school in 1866. A community fete is planned for Saturday 15th October to begin our week of birthday festivities. We will have rides, entertainment, a BBQ, a display of school memorabilia and a wide range of stalls for you to enjoy. Visit our Facebook page for more details closer to this event.

On Wednesday 19th October an official assembly will be held to celebrate our wonderful achievement in Public Education. On this day there will be performances, the opening of the memorial path area, an aerial photo shoot (in the formation of the numbers 150) and the cutting of our birthday cake.

Make sure you have ordered your own paver by the 1st July, 2016 so that you too can be included in our historical path. Attached to this letter is an order form with the details needed to make sure you can have a lasting memory of your time at the school.

The birthday week will continue with an outdoor family movie night on Friday 21st October. Tickets will go on sale prior to the event.

There will also be a Celebration Dinner held on Saturday 22nd October in the Waratah Room at Rooty Hill RSL. This event will be a wonderful time to reconnect with other past pupils and staff, an opportunity to share a trip down memory lane together. Again, more details will be available closer to the date.

We warmly invite everyone to come along and join us in celebrating this exciting milestone. Don't forget to mark it on the calendar, the week beginning 15th October, 2016!

Yours sincerely,

The Eastern Creek Public School Celebration Committee



Celebrating 150 years of teaching and learning at EASTERN CREEK PUBLIC SCHOOL In 2016

You are invited to join the celebrations in 2016 and contribute a lasting personalized paver to our memorial path.



Your payment of \$35.00 entitles you to have your name engraved into a paver as a lasting record of your association with Eastern Creek Public School.

The paver will be permanently installed in a memorial path near the original school bell.

Each paver is: 230 x 115 x 40mm and can be engraved with the words of your choice, within the limits set below.

Your payment includes both delivery and installation.

ENGRAVING DETAILS

Please print clearly in block letters. Each box represents a character (letter, number, punctuation mark or space). Please complete a separate order form for each paver required.

Max 16 characters per line, three lines per brick. (No hand drawings.)

NAME
PAVER

LINE 1	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
LINE 2	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
LINE 3	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Simply fill out this form and return along with full payment by cash, cheque, Eftpos details or money order to:

Eastern Creek Public School, 200 Rooty Hill Rd South, EASTERN CREEK NSW 2766

Alternatively call: +612 9625 8112 to make a credit card payment over the phone.

Email: easterncrk-p.school@det.nsw.edu.au

Name:		Phone:	
Street:		Email:	
Suburb:	State:	Post Code:	
Offer closes Term 2, 2016			

Card Number

Expiry Date / Type of card (please tick) VISA ☐ Mastercard ☐

Name on Card

CCV (three digit number on back of card)

Signature:.....Cardholder contact phone number:.....

REPARATIVE PARENTING[®] PROGRAM

For Foster and Kinship Carers

A parenting program for kinship and foster carers who want to better understand the relationship between trauma and child behaviour in order to strengthen their relationship with, and tailor their behaviour management strategies to, their child.

The program sessions include:

- Understanding the impact of trauma and attachment difficulties on behaviour.
- Strategies for building a stronger relationship with your child.
- Emotion coaching and "special play".
- Developing plans to look after yourself.
- Problem solving techniques to manage concerning behaviour.
- Using limits to manage anxiety.
- Relationship repair techniques for children to enhance social skills.

Where: Cranebrook Community Health Centre,
Cnr Laycock St & Borrowdale Way, Cranebrook.

When: Monday 10 am to 12:30pm, 9 sessions term 3 2016:
25 July, 1 Aug, 8 Aug, 15 Aug, 22 Aug, 29 Aug, 5 Sept,
12 Sept and 19 Sept

Contact: Pauline Coulton (Social worker) 4730 5100 (Mon-Thurs)
Virginia Johnstone (Social Worker) 9833 6800 (Mon-Wed)

Cost: Free

**Register by contacting The Central Intake Service
on 1800 222 608**





Nepean Community & Neighbourhood Services

Parenting Courses and Workshops - Term 2, 2016

Having one of those days? Tired of yelling at the kids? Or just want to know more?
FREE Practical tips for everyday parenting



Activity	Day, Date & Time	Location
Triple P Parenting Course (Positive Parenting Program) for parents of 2 to 12 year-olds Need some more tools for your parenting toolbox? This course is 6 sessions over 7 weeks. It is a slower-paced Triple P course for parents who like to take their time to build a strong foundation of positive parenting based on relationship, encouraging desirable behaviour and skills, and setting boundaries and limits. <i>You must come to the first session.</i> Limited child minding available.	Mondays: 6 sessions 9th May to 20th June 10am to 12:30pm No session 13/6/16	Floribunda Community Centre 1 Floribunda Ave Glenmore Park
Triple P Parenting Course (Positive Parenting Program) for parents of 2 to 12 year-olds Need some more tools for your parenting toolbox? Build strong and positive relationships, manage mistaken behaviour, make parenting more enjoyable and less stressful. Fast paced, some reading at home required. <i>You must come to the first session.</i>	Wednesdays: 4 sessions 8th June to 29th June 10am to 1:00pm	South Penrith Neighbourhood Centre 3 Trent St South Penrith
Teen Triple P Parenting Course (Positive Parenting Program) for parents of teens (11 to 16 years) Tips and tricks for living with teens and making the experience more positive for everyone. <i>You must come to the first session.</i>	Tuesdays: 4 sessions 7th June to 28th June 11:15am to 1:30pm	South Penrith Neighbourhood Centre South Penrith
Stepping Stones Triple P Seminars for parents of children with disabilities 12th May—Positive Parenting for children with a disability 19th May—Helping your child reach their potential 26th May—Changing problem behaviour into positive behaviour <i>You may attend any or all of the seminars.</i>	Thursdays: 3 seminars 12th May 19th May 26th May 10am to 12pm	South Penrith Neighbourhood Centre South Penrith

Activity	Day, Date & Time	Location
Family Transitions Triple P For parents experiencing parenting challenges after separation or divorce. <i>You must come to the first session.</i>	Thursdays: 4 sessions 9th June to 30th June 10am to 12:15pm	South Penrith Neighbourhood Centre South Penrith
Indigenous Triple P (Positive Parenting Program) Tips and tools to help you manage tricky behaviour at home. 5 week program. <i>Morning Tea and limited child minding available.</i> Contact Rebecca Weir on 02 4702 6488 or 0457 700 094	Wednesdays: 5 Sessions 11th May to 8th June 10am to 12:30pm	Cranebrook Neighbourhood Centre Hosking Street, Cranebrook
Anxiety Seminar for parents who want to know more about anxiety for children and teens A seminar on Anxiety - what it is, treatment, intervention. Followed by discussion and questions.	Tuesday 31st May 10am to 12pm	South Penrith Neighbourhood Centre 3 Trent Street, South Penrith
Cool Little Kids for parents of shy or anxious children, 3-8 year-olds A treatment programme for parents of children aged 3-8 years who are excessively shy or demonstrating anxiety at home & in the community.	Wednesdays: 4 sessions 4th May to 1st June <i>(Break 25th May)</i> 10am to 12pm	South Penrith Neighbourhood Centre South Penrith
ADHD seminar - What is ADHD ? for parents who want to know more about ADHD A seminar on Attention Deficit Hyperactivity Disorder - what it is, treatment, and intervention.	Tuesday 17th May 9:30am to 11:30am	South Penrith Neighbourhood Centre South Penrith
ADHD seminar - Behaviour Support for parents who want to learn and implement strategies to support their child's learning and wellbeing PREREQUISITE - Attendance at the 'What is ADHD?' seminar.	Tuesday 17th May 12pm to 2pm	South Penrith Neighbourhood Centre South Penrith
ADHD Parent Support Group for parents who have children with a primary diagnosis of ADHD 3rd Monday of the month	Monday 16th May Monday 20th June Monday 18th July 7:30pm to 9:30pm	South Penrith Neighbourhood Centre South Penrith
Special Playtime for parents of children aged 1 to 6 years Helps parents to build a relationship with their child through play. Reduces child behavioural difficulties in children aged 1 to 6 years.	Monday 27th June 10am to 12pm	South Penrith Neighbourhood Centre South Penrith

Bookings

Bookings are essential for all courses, seminars, or workshops. All courses, seminars, and workshops are free. If you are not currently caring for your children and you have a FACS caseworker, a referral will need to be made through the caseworker.

Course, seminar, & workshop flyers are available at:

<http://handsheartsminds.wordpress.com/parenting-groups-and-workshops/>

Child minding

Limited child minding is available for some groups (it will be stated in the course information). Bookings are essential to ensure we have the correct carer-to-child ratio. Child minding services are provided by Care Pair and/or Nepean Community & Neighbourhood Services.



Contact Details

Narelle Smith
 Family Worker
 Mobile Phone: 0409 986121
 Centre Phone: 4721 8520
 Email: Parenting@nepeancommunity.org.au



Parenting In Penrith (Facebook)



Hands, Hearts and Minds (Wordpress)



Hands, Hearts & Minds (Pinterest)

