

Regentville Public School

R. A. P.



Schoolhouse Road Regentville 2745
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Wednesday, 8 February 2017

Parent Information Sessions

The teachers will be holding Information Sessions for parents over the next two weeks. These sessions provide parents with an overview of the learning and extra activities their children will be involved in over the year.

The table below sets out times and dates for these sessions.

| Group | Time and date | Location |
|---------------------------------|-----------------------------|----------|
| Stage 2 (Yrs 3-4) | Wed 15 Feb 5pm to 6pm | Library |
| Stage 3 (Yrs 5-6) | Wed 15 Feb 6pm to 7pm | Library |
| Early Stage 1 (Kindergarten) | Wed 22 Feb 5pm to 5.45pm | Library |
| Afternoon Tea | Wed 22 Feb 5.45pm to 6pm | |
| Stage 1 (Yrs 1-2) | Wed 22 Feb 6pm to 7pm | Library |

Second Hand Uniforms Stall

The P&C will have all of the second hand clothes in their store available for purchase on the evenings of the Parent Information Sessions listed above.

There are a lot of good quality items available to be purchased for a very reasonable price.

| Dates for the Calendar | |
|------------------------|---|
| 15 February | Stage 2 & 3 Information Session |
| 21 February | Swimming Carnival |
| 22 February | Early Stage 1 & Stage 1 Information Session |
| 1 March | District Swimming |
| 7 March | P & C Meeting |
| Payments Due | |
| 16 February | Swimming Carnival Y3 – 6 \$5 / \$12 |
| 1 March | Year 6 Polo Shirt \$35 |
| | Voluntary School Contribution can be paid at any time \$45/\$90 |

Swimming Carnival

The school **Swimming Carnival** is on **Tuesday 21 February** at **Ripples Swimming Centre, St Marys**. Please ensure that your child's **green permission note** and **money** is returned to the **office** by **Thursday 16 February 2017**. Their pink (girls) or blue (boys) **entry form** is to be returned to the **library** by the same date. **We do not accept entries on the day.**

You will note that there is the option to request an outside lane on the entry form. **We will try and accommodate your request, but cannot guarantee it.** Please tick the outside lane box only if you absolutely have to. The pool is well supervised and we do have a life guard.

Thank you.
Mrs Healey



Lost Property

Please label your children's clothing, drink bottles, containers and other items as our lost property bin gets extremely full of items not marked with student's names. If your child has lost a piece of clothing or drink bottle etc please visit the office as soon as possible to check the lost property bin.

Canteen News

Please find included in this RAP a new Canteen price list for 2017.

Thank you
Sally Simmons
Canteen Supervisor



Procedures for Mobile Phones at school

- Students should only bring mobile phones to school if parents deem it necessary to make contact before and after school.
- Mobile phone contact is not needed during school hours because any emergency contact can be made through the office.
- Phones should be brought to Mr Bamford's office as soon as the student arrives at school.
- Phones can be picked up from the office at 3pm.

We cannot take responsibility for any loss or damage to phones that are left in student's bags.

Late Arrival/Early Leaving

A reminder that if your child arrives after the morning bell at 9am or has to leave prior to the 3pm bell they will need to report to the office to receive a late note/early leaver note. This procedure is a legal requirement that is necessary to keep our class rolls accurate.



APPROVED SOCCER TRAINING FOR KIDS AGED 18MONTHS TO 5 YEARS

Offering classes in Emu Plains, Glenmore Park & Richmond

To enquire:

Call: 0412 973 346

Email: penrith@littlekickers.com.au
www.littlekickers.com.au

With qualified coaches on hand, our motto is "Play, not Push!".



Glenmore Park class times

Thursday 9:30am 18-27 mnths; 10:30am 2 to 3.5 yrs; 11:30am 3.5 to 5 yrs

Visit our website for more local venues.

**Script work for stage, film & TV*
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AUSTRALIA'S YOUTH PRESENTS

A SELF DEFENCE KARATE AND SAFETY AWARENESS PROGRAM

For boys and girls
Ages 5 – 16
In Sydney Since 1994

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INSTRUCTORS TRAINED SPECIFICALLY
FOR TEACHING CHILDREN AND TEENS

SELF DEFENCE ONLY IS TAUGHT

CLASSES DIVIDED BY AGE
AND EXPERIENCE

FROM BEGINNER TO
BLACK BELT



DEVELOP SELF CONFIDENCE

IMPROVE CONCENTRATION

BUILD COORDINATION

BUILD SELF ESTEEM

IMPROVE STUDIES

MAKE FRIENDS

Only \$12.00 Per Week
With a \$2.00 Rego per term
No Extra Grading Fees!

INSTRUCTOR IS A KARATE CHAMPION AND ISKA INSTRUCTOR OF THE YEAR

Location: Penrith South Public School,
Corner of Jamison Rd. and Evan St., South Penrith
Classes are every Monday for 9 Weeks (Every School Term)
New and Returning Registration: Monday, 6 February, 2017
New Students can also join on: Mondays, 13 Feb., 20 Feb.

New and Returning
Students
Ages 5-8
Class Time 4:00 to 4:40PM

New Students
Ages 9-16
and Returning Students
Class Time 4:45 to 5:25PM

Returning Students please see website at www.karate-kids.com.au for class times.

REGISTRATION WILL BE ACCEPTED UP TO THE THIRD WEEK OF TERM. NO PRE-REGISTRATION IS NECESSARY,
JUST TURN UP 10 TO 15 MINUTES BEFORE CLASS TIME ABOVE IF POSSIBLE..... SEE YOU THERE!
FOR FURTHER INFORMATION, CONTACT MATT KLEIN ON 9904-5667

Highland Synergy Dance Studio

1st Lesson
Free

You've seen the Wiggles do it and now it's your turn!

Highland dancing will improve posture, flexibility and balance. It is a form of dance that requires a distinct level of stamina, technique, timing and power to be performed excellently.

You don't need to have a Scottish background to do Highland Dancing, just enthusiasm and a willingness to learn.

Classes held Wednesdays at **Glenbrook Arts Hall**,
2 Ross St Glenbrook (next door to Glenbrook Cinema). First class will commence 15 February 2017.
We are taking students from 4 yrs up.

Julie Thomas is a veteran teacher; she has produced many champion dancers and 100% success rate of students sitting examinations. She is an examiner and on the world wide panel of judges. Leanne Wilson is a member of a pipe band and her understanding of music brings an extra dimension to teaching.

OUR AIM is to provide quality dancing lessons in a safe environment where students learn the art of Highland Dancing whilst increasing fitness, making new friends and having fun. Our classes will provide the ability to build self-discipline, confidence and coordination.

For more information, contact:
Julie on 0438 801 138 or Leanne on 0408 861 596,
E: highlandsynergy@outlook.com
Facebook: Highland Synergy Dance Studio



CANTEEN IS OPEN: **9.00:am to 1.45pm daily**

ALL LUNCH ORDERS ARE TO BE WRITTEN ON A LARGE PAPER BAG (lunch orders and recess orders **MUST be on SEPARATE bags) and placed in the silver box near the canteen BY **9:00am**. If you don't have a paper bag please write on an envelope and **add 20c** for a bag. If a bag is **NOT** paid for, your child will be given a cheaper menu item.**

LATE lunch orders will be given a Vegemite or Cheese sandwich.

Recess ONLY (No Ice Blocks)

| | |
|--|--------------------------------|
| Jumpys –Chicken, Salt N Vinegar | \$1.00 |
| Piranha Crackers – Salt n Vinegar,(GF)& JJ's – Chicken | \$1.10 |
| Red Rock Deli HoneySoy | \$1.10 |
| Rice Sticks – Cheese,Chicken | \$1.00 |
| Popcorn Plain & Noodles - Chicken | \$0.80 |
| Potato gem (max of 15) | WED & FRI \$0.10 |
| ½ toasted cheese sandwich | MON & FRI \$0.60 |
| Hot Dog | TUES & THURS \$1.50 |
| ½ Hot Dog | TUES & THURS \$0.80 |

Lunch

Hot Meals

| | |
|--|--------|
| Flame Grilled Chicken Burger with lettuce & Mayo | \$3.20 |
| Cheeseburger with meat, cheese, sauce | \$3.00 |
| Chicken burger with mayo, lettuce | \$3.00 |
| Chicken Schnitzel Burger with lettuce & Mayo | \$3.00 |
| Party Pie | \$0.90 |
| Macaroni Cheese (includes Fork) | \$3.10 |
| Fried Rice GF (includes Fork) | \$3.00 |
| Ravioli Napolitana - Meat (includes Fork) | \$3.10 |
| Pasta Twists- Meat (includes Fork) | \$3.00 |
| Pizza (Hawaiian, Cheese & Bacon) | \$2.00 |
| Chicken Nuggets (\$0.60 each) | \$0.60 |
| Mini Corn Cobs | \$1.00 |
| Chicken Tenderloin – Original | \$1.70 |
| Chicken Tenderloin – Sweet Chilli | \$1.70 |
| Yummy Drummy | \$1.20 |
| Large Pie | \$2.70 |
| Sausage Roll | \$2.30 |
| Sauce- Tomato, BBQ, Sweet 'n' Sour | \$0.30 |

Sandwiches (ROLLS EXTRA \$0.70 EACH)

| | |
|--|-------------------|
| Vegemite | \$1.40 |
| Cheese | \$1.40 |
| Shredded Chicken | \$2.80 |
| Devon | \$1.50 |
| Ham | \$2.00 |
| Egg | \$2.00 |
| Baked Bean or Spaghetti | \$1.60 |
| Salad(Tomato,lettuce,cheese,beetroot,carrot,cucumber) | \$3.20 |
| Salad Box (incl fork) same as salad sandwich | \$3.20 |
| Extra fillings (Tomato, Cucumber, Carrot, Lettuce) | |
| Beetroot Sauce Mayo 40c each) | \$0.40 |
| Extra fillings - egg or cheese \$0.60c ea Chick & Ham | \$0.80c ea |

Confectionary

| | |
|--------------------------|-----------------|
| Frozen Juice Cup | \$0.90 |
| Quelch Stick | \$0.60 |
| ½ Quelch Stick | \$0.30 |
| Assorted ice blocks From | \$1.00 - \$2.00 |

Drinks

| | |
|---|--------|
| Pop Top Juice – Apple/Blackcurrent, Orange, Apple | \$1.80 |
| Quench-Cola, Blue, Orange, Raspberry,Lemonade | \$2.00 |
| Water | \$1.50 |
| Bottle Milk - Strawberry Chocolate | \$1.90 |
| Milk (Popper) – Strawberry, Chocolate | \$1.50 |
| Glee Sparkling Juice – Berry Strawberry, Grape, Blackcurrent | \$2.00 |

Miscellaneous

| | |
|--------------------|-----------|
| School - Hat | \$15.00ea |
| School - Cap | \$12.00ea |
| Plastic Fork/Spoon | \$0.20ea |
| School Badge | \$5.00ea |

**Sally Simmons
Canteen Supervisor**

NOTE: Canteen holds NO money overnight

**EXACT MONEY REQUIRED BEFORE RECESS.
PLEASE TURN OVER**

- **GF** – Gluten Free **NF** - Nut Free
- **THE LUNCH BOX IS EMPTIED AT 9.00AM SHARP, ANY ORDERS AFTER THAT TIME MUST BE HANDED TO THE CANTEEN STAFF. CHILDREN THAT FORGET TO PUT THEIR ORDERS INTO THE CANTEEN WILL BE PROVIDED WITH A SANDWICH.**
- **ANY LATE LUNCH ORDERS PHONED IN, THE CANTEEN WILL ONLY BE ABLE TO PROVIDE A SANDWICH.**
- Juice cups/Ice Blocks may be ordered with lunch orders. Students will have to come to the canteen with their bag at lunchtime to collect their product.
- Lunch & Recess orders must be on separate bags.
- Recess orders need to be picked up from the Canteen.
- When a student goes home sick, only the cost of items that can be re-sold will be refunded. You may collect the lunch order before you take your child home.
- Please write students name and class on recess/ lunch orders.
- Please **DO NOT** use staples or excess sticky tape on recess/lunch bags.

Riverlands Physical Culture Club





Class times:
 Alanah - 0405 818 710
 3-4years ~ 4:30pm till 5pm

Nicole - 0402 343 630
 5-6 years ~ 5pm till 5:30pm
 7-8 years ~ 5:30pm till 6pm

Charmaine - 0418 887780
 9-12 years ~ 6pm till 6:45pm
 Teenagers ~ 6:45pm till 7:30pm

Chantelle - 0417 442 240
 Seniors ~ 7:30pm till 8:30pm

Lyn - 0414 472 460
 Ladies ~ 8:30pm till 9:30

Registrations accepted any time

Where: Regentville Public School,
 School House Road Regentville

Time: 5pm till 7pm

**Classes are held on Monday afternoons at
Regentville Public School**