



Regentville Public School

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"Learn Wisely, Live Proudly"

From the Principal - Mrs Maraga

17 May 2017

NAPLAN 2017

The students of Years 3 and 5 completed NAPLAN tests in Language Conventions, Writing, Reading and Numeracy last week. These tests provide valuable information to teachers and parents about the basic skills of students. When the results are returned in late August early September, teachers will be able to use a range of diagnostic tools to analyse areas of need access suggested teaching strategies to help students and utilise data to feed into future planning.

Panther Trophy

The rugby league team participated in the Panther Trophy yesterday and were successful in making it to the final that is to be played in the coming weeks. During the course of this competition the team defeated a strong York PS team that they haven't beaten in 3 years. Well done to the boys!

District Cross Country

The annual District Cross Country competition was held on Friday 5 May. Regentville students performed to their usual high standard and finished second behind a very strong team from York PS. Congratulations to all students who participated. Cross Country awards will be presented at this Friday's primary assembly.

RPS 150

Next year is Regentville Public School's 150th birthday and plans have begun for the celebrations. We are looking for old photos, documents, memories that may be included in the celebrations. If you are able to assist you can contact the organising committee at regentvilleps150@gmail.com

Commitment to Learning

There is an ongoing commitment to learning at Regentville with students and teachers challenging themselves with new learning experiences. There are many teachers who are involved in professional learning that takes them away from their class from time to time. We are fortunate to have a strong group of casual teachers who support the work of teachers by covering classes while this valuable learning takes place. Ultimately, it is the students who benefit from the professional learning of teachers.

Works at the front of the school

We are working on the area in front of the schoolhouse and trying to give the frontage of the school a much needed lift. Hopefully you will see a considerable difference over the next few months.

Student reports

The student reports for semester 1 will be sent home on Monday 26 June (Week 10).

Thankyou Mr Brendan

A big thankyou to Mr Brendan (our school General Assistant) for restoring our historic school bell.



Dates for the Calendar

30 May	Netball Gala Day
5, 6, 7 & 8 June	CARES- Year 4
7 June	Mass Choir Rehearsal
7,8,9 June	Year 5 Camp
26 June	NAIDOC Day
21 July	Calmsley Hill Farm Kindergarten

Payments Due

	Voluntary School Contribution can be paid at any time \$45/\$90
31 May	Mass Choir Rehearsal \$6
19 June	NAIDOC Day \$4
14 July	Calmsley Hill Farm \$35
27 July	Second Instalment Year 4 Camp \$50
	Winter PSSA \$7.00 each week (Thurs)
	Voluntary School Contribution can be paid at any time \$45/\$90



May is Scholastic's

NATIONAL FAMILY READING MONTH

The focus this year is on families reading aloud together to encourage children to become frequent readers.

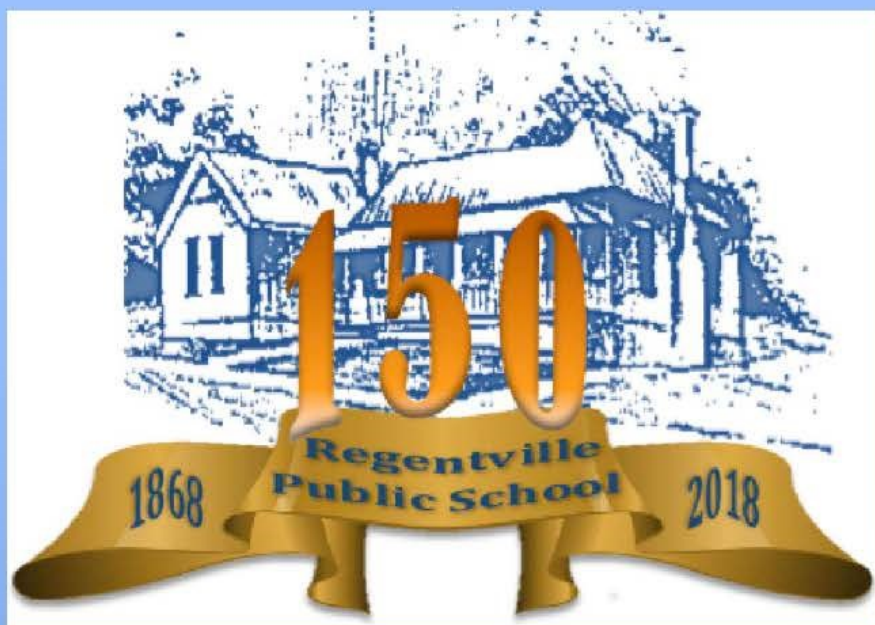
If you would like to win some great prizes please visit their site:

<http://readmoreinmay.scholastic.com.au/>

Happy reading!!!

2H Classroom Artwork





Happy Birthday Regentville Public School

Did you know that our school is turning 150 next year.

What a momentous occasion, and we're starting planning now so watch this space.

In the meantime we are gathering ideas: what are your celebration ideas?

And we're also gathering stories, anecdotes and photographs. Do you have family, friends or neighbours who attended Regentville. Do you have any memories or funny stories to share? Any photos from the school's exciting past?

We'd love to hear from you and perhaps include your stories or pictures in the celebrations. If you have ideas, stories or pictures to share please send them to our dedicated birthday celebration email address.

regentvilleps150@gmail.com

We look forward to your contributions.

Cath Simpson
For the "Party Planners"

Healthy relationships and families

Aki's story



Aki was excited because she knew that something special was about to happen. She waited for her mother, Hanae. Aki knew that they were about to have some fun together. Hanae found Aki waiting in the living room.

Hanae: *Come on, Aki. It's bathtime.*

Aki took her mother's hand and followed her to the bath, which was ready and warm and soapy, just the way she liked it. She got in and grabbed Croco, her squeezey crocodile bath toy.

Hanae: *So what did Croco do today, Aki?*

Aki (laughing): *Well, he sang about the farm animals.*

Hanae: *Oh, do you mean Old MacDonald?*

Aki: *Yes!*

Hanae: *Shall we sing it now?*

Aki: *Yes!*

Aki and Hanae sang Old MacDonald together while Aki splashed around with Croco and Hanae helped her pretend that the bath was a farm. It was like this every evening when it was bathtime and Aki knew it was also their special time together. Just her and mummy.

Typically when we think of families, the traditional nuclear and extended family who are biologically related may come to mind. However, a family can be made up of anyone a person considers to be their family. A family shares emotional bonds, common values, goals and responsibilities. Family members contribute significantly to the wellbeing of each other. When a family includes children, one or more adults may take on an involved role in the child's life and become a parent or carer. Parents and carers may not necessarily be biologically related to the child or even live with the child all the time. A child may have one or several parents or carers. In addition to their biological parents, this could include grandparents, step-parents, aunts and uncles, foster parents, adoptive parents, and any other person who fulfils a significant portion of the parenting and caregiving for the child.



What are healthy family relationships?

Healthy family relationships help all members of a family feel safe and connected to one another. Family relationships sometimes involve conflict, which is a normal part of family life. Conflicts can occur between adults, children or adults and children. Some examples of conflicts could be disagreements about household chores, parenting decisions, house rules or siblings wanting to watch different TV shows or not wanting to share toys. It is important that these conflicts are dealt with in a safe and respectful way. Healthy family relationships also mean that positive interactions between family members outnumber the difficult times.

Why are healthy family relationships important?

The relationships we experience with the people around us have a great influence on our wellbeing. Strong, positive relationships help us build trust and feel supported. Having people around us who can share positive and difficult times can also help us manage stress when things become tough.

Children first learn about relationships from their own families. Families give them a model from which they start to discover how to build relationships throughout their lives. Children who have a model of healthy relationships from their families are better able to create these relationships outside their families, that is, with other children and adults in their lives. When children learn the skills of building positive relationships, they can practise these skills over and over again as they meet new people. For example, when parents say 'thank you' to children when they help out, then children are more likely to say 'thank you' when their peers or other adults do something for them.

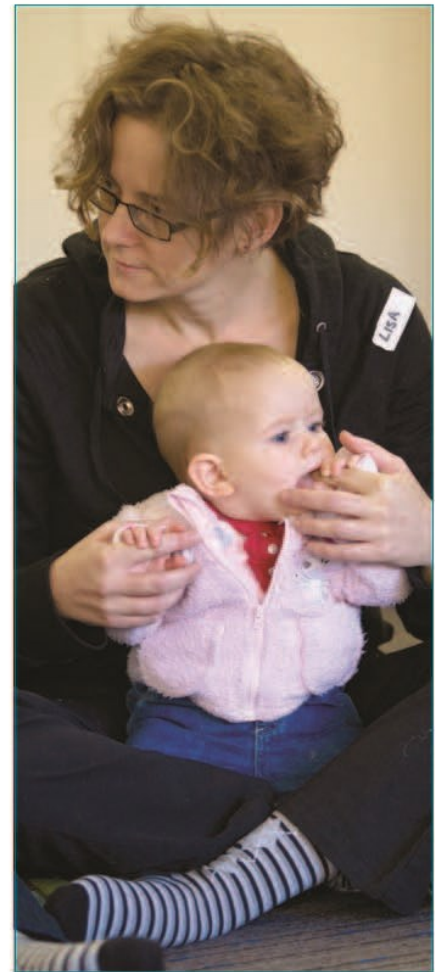
Children also feel safe when they know that their family members love and will protect one another. A warm and safe family environment helps children learn, develop and experience what strong relationships look like.



How to build healthy family relationships

Building and maintaining positive relationships with children and with all family members is not always easy. All families have times when tempers flare, feelings get hurt and misunderstandings occur. It helps to have good communication, flexibility and creativity to manage these situations and maintain positive connections.

Cultural background, family values and differences in family make-up (e.g., sole parents, step and blended families, same-sex parents) can influence the values and goals adults have for children's development. This may also lead to diverse relationship and support needs. Consider, for example, how your family values and cultural background has influenced your thinking and behaviour.



Making time for family members, communicating effectively and supporting each other are important ways to strengthen families and build positive relationships. Working together as a family is also helpful in building strong and caring family relationships. In times of conflict, families who are able to work together find effective ways to manage and learn from the experience. As conflict is a normal and healthy part of family life, children can learn to manage it. Parents and carers can help children identify the problem behind the conflict and guide them through a process of peaceful problem solving.

Some tips for building healthy family relationships:

- ▶ Try to spend regular quality time together as a whole family and with each child, even if it is for a few minutes each day.
- ▶ Show affection (e.g., hugs, kisses, kind words or a pat on the back).
- ▶ Offer help and support to one another.
- ▶ Do fun things and laugh together.
- ▶ Share values and engage in family rituals (e.g., family dinners, weekend walks or movie nights) to build a sense of belonging.
- ▶ Talk to each other.
- ▶ Tell each other what you like about your family (e.g., 'Dad, I like your hugs,' or 'Cara, you have a polite voice').
- ▶ Have family discussions to organise family events and to work through difficulties.
- ▶ Try to listen, understand and respect each other's feelings.
- ▶ Try to include children in decisions affecting them; give younger children choices to help them make a decision.
- ▶ Teach and model problem-solving skills to children so they become more confident at resolving their own conflicts.
- ▶ Set examples and send clear messages to children so they learn how to treat family members (e.g., speaking in a calm voice even when you disagree with a family member).

- ▶ Recognise and appreciate that everyone in the family will have different likes, needs and wants and this may sometimes create challenges within the family.
- ▶ Get support from family, friends or professionals when you need help juggling demands.



This resource and further information on the national KidsMatter Early Childhood initiative is available to download at www.kidsmatter.edu.au. The KidsMatter Early Childhood team also welcomes your feedback which can be submitted through the website.



Australian Government
Department of Health and Ageing



beyondblue



Early Childhood Australia
A voice for young children



APS

Australian
Psychological
Society

The KidsMatter Early Childhood information sheets are resources that have been developed in collaboration and with funding from the Australian Government Department of Health and Ageing. While every care has been taken in preparing this publication, the Commonwealth does not accept liability for any injury or loss or damage arising from the use of, or reliance upon, the content of this publication.

Walk Safely To School Day

#WSTSD



NSW Police Force



PRIME MINISTER

MESSAGE FROM THE PRIME MINISTER

2017 NATIONAL WALK SAFELY TO SCHOOL DAY

As a society we are becoming much more aware of how important regular exercise is. It helps us to be more fit and healthy, reduces our risk of disease, and helps us live longer and happier lives.

Most importantly, being active can be a fun and fulfilling way of spending time with friends and family, and to support each other to reach or maintain health goals.

Walking to school is an easy way to include exercise in your regular routine—it's also an opportunity to enjoy the outdoors, get to know your neighbourhood, as well as save money and the environment by not travelling by car.

So I am pleased to support the Pedestrian Council of Australia's National Walk Safely to School Day, and I encourage everyone—parents, carers and kids—to get on their feet and start moving!

The Hon Malcolm Turnbull MP
Prime Minister of Australia

10 May 2017

National Reconciliation Week 2017

27 May to 3 June

Let's take the next steps

Recognition

Apology 2008

Mabo 1992

Referendum 1967

Each year, National Reconciliation Week (#NRW2017) celebrates achievements in our journey towards reconciliation, with hundreds of events held nationwide.

Held annually from 27 May to 3 June, NRW is bookended by important milestones: the 1967 referendum and the Mabo decision, respectively.

In 2017, these milestones mark significant anniversaries: 50 years since the 1967 referendum, and 25 years since the Mabo decision.

The week reminds us that big changes take persistence and courage, so let's celebrate together and take the next steps.

To find out more and register your event, visit reconciliation.org.au/nrw



RECONCILIATION
AUSTRALIA



FREE PRACTICAL WORKSHOP FOR PARENTS

Learn how to help your child at home in Numeracy
PRE SCHOOL - YEAR 8

The Glenmore Park Learning Alliance
(GPLA) would like to invite you to:
THE GPLA PARENT MATHS FORUM



Tuesday 6th June 2017

7:00-8:30PM at Glenmore Park High School Library

RSVP closes May 29th

REGISTER YOUR INTEREST AT:

<https://www.surveymonkey.com/r/98XWHXG>



A proud initiative of the Glenmore Park Learning Alliance Curriculum Team

GPLA Contacts:

Catherine McCann-Smith - Surveyors Creek Public School

Carol Frith - Emu Plains Public School

Kaylene McCormick - Glenmore Park High School





Zonta Club of Nepean Valley Inc
Member of Zonta International
Advancing the Status of Women Worldwide



PENRITH DOLLS, BEARS, CRAFT & COLLECTABLES SHOW

ONE DAY SHOW
SUNDAY 18TH JUNE 2017
10AM – 4PM

Sponsored by
PANTHERS WORLD OF ENTERTAINMENT
Convention Centre – Mulgoa Road, Penrith



Doll & Bear Competition
Refreshments available
Porcelain Dolls, Doll repairs,
Dolls Furniture and Accessories
Lace, Ribbons and Beads
Teddy Bears
Scrapbooking Supplies
Doll Houses and Miniatures
Card making
Hand Weavers and Spinners from Sydney and Blue Mountains

Trading Tables
Candles and Soaps
Lucky Door Prizes
Jewellery
Wigs and Millinery
Arts and Craft Supplies
Handmade gifts
Miniature Display
Identifications & Valuations

Ample parking for cars & coaches
Adults \$6:00 Children \$2:00

TRADER ENQUIRIES

gaillad@optusnet.com.au
Gail Ladner 9am-7pm M. 0407498021

DOLL COMPETITION ENQUIRIES

Val Newman (including bear competition)
(02) 9602 2242 (Trader Enquiries: after 5.00pm)

Daytime Enquiries Lily Cowen 0247 395696 Jan Hartley 0247 352515



Coffee Connect



Parents and teachers, come and
connect with the people in our
school community and enjoy a
coffee.

Served fresh by 'Café Au Go Go'
Monday mornings
next to the library.
CASH ONLY

